What We Do...

Love Support Unite empowers communities to become self-sufficient, with a leg-up rather than a hand-out.

We create self-sufficiency and food security through funding integrated community-based projects around **education, nutrition, enterprise and healthcare**. Working alongside African Vision Malawi, Mphatso Children's Foundation and Stepping Stones within Malawi.

Our partners the Malawi Projects fund vital operational costs and salaries to make projects happen! Together we are more.
Each month we send a small update on each project so you can follow the benefits of our work, which are enabled with your support.

These reflect the previous month as data needs to be collected in Malawi and reports written.

Please circulate our report with people who have supported your fundraising for us.
Each month we will focus on one project area. This is at the front of the report. The data for each project follows, so if you are able to help or following a particular area it is easy to find, and in the same format.
CLIMATE CHANGE AND THE EFFECTS

Malawi is being effected by climate change, we are working with African Vision Malawi on the ground to help mitigate the effects through tree planting and sustainable family farms. We hope to help more in the future.

This link shows a short clip on how Malawi is affected.

https://www.youtube.com/watch?si=Znz4FeKlhPyR-mp6&v=xFO38cmScHM&feature=youtu.be
A struggling agricultural economy traps over half the population (18.5m) in poverty. 80% of the population lives in rural areas and relies on farming for income and food security. Limited resources force farmers to work on other farms, perpetuating the poverty cycle due to low wages and high inflation.

Only those with money or savings from previous harvests have food security, leaving many vulnerable.

Our Sustainable Family Farms initiative (SFF) assists impoverished families with six or more dependents, including orphans and the elderly, who live on less than $1 per day. The program aims to achieve the following:

- Ensure food security for these families
- Provide nutrition for their households
- Generate surplus crops for sale, enabling them to earn income for school fees, mosquito nets, and essential items for a healthy life.
So far in this programme approximately 20,100KG of maize has been harvested for families surviving on less than $1 per day. This year's beneficiaries harvest in June.
Introduction

In Malawi, where 80% of the population lives in rural regions and depends on wood for cooking and building as well as a source of revenue, deforestation is becoming a major problem. Malawi’s fast-growing population has also increased demand for land, leading many farmers to clear more space for crop cultivation by felling trees. The graveyard is currently the only place where you can find a dense forest.

As one of the nations that depends most on agriculture, Malawi has been severely impacted by climate change in recent years as a result of deforestation activities. This has a direct negative impact on community wellbeing, as agriculture techniques, AVM encourages the growth of trees to help ensure that the communities are self-sustaining and to help prevent climate change by recovering areas where their forests have been destroyed.
AVM, with the support of LSU, operates this. In 2022 to 2023, we had 8 beneficiaries that benefited from the programme, a further 8 were identified in the 2nd phase of the programme, however because we have applied a 3 different delivery modalities, a total of 14 beneficiaries are actually benefiting.

We provided them with farm inputs, we trained them in how to make the land become fertile, the methodologies of land preparation and all agronomic practices. Beneficiaries were, then, monitored up to harvesting time.

In February, we had a monitoring visit to the fields of our beneficiaries at Ngwizi village to see the progress made in banking and second fertiliser application. All the beneficiaries they have done the banking and fertilizer application in their fields.
Fanny Kamoto

Her field is doing well, only some maize ridges are not well maintained.

She said that when she started applying the second fertiliser, they had the strong rainfall that day and they stopped applying the fertiliser. The following day they went back to the field to continue the work, they failed to know where they had stopped working then, so they just started where they thought, but missed some ridges.

After 2 weeks, she noticed that she had missed some ridges therefore the second application of fertiliser was late. All in all the maize is performing well in her field.
Potifala Dundu

His field is doing well, he’s planted maize, beans, soya beans and pumpkin leaves, all these crops in his field are growing well.
Aim:

Restoring the degraded areas through reforestation.
Summary of Progress

We had a monitoring visit to Chibwata, Chimbalu and Mundundu Centres to observe any progress made in tree planting. As expected, 90% of the seedlings planted are growing well.

In Chibwata centre they have planted 5032 tree seedlings, 4000 from AVM, 1,032 tree seedlings they source the materials for themselves as a community. The tree seedlings are planted in three villages

- Mphale Village, 900 tree around once graveyard
- Nkhanamba Village, 2000 trees around 2 graveyards (1000 each)
- Karonga Village, 2000 trees around 2 graveyards (1000 each) and 132 tree seedlings have been shared with 22 Chiefs within the reforestation area.
The trees are doing well and they have already done weeding in order to allow the tree seedlings to grow.

In Chimbalu Centre, 3000 tree seedlings were planted in three villages,

- M’buta Village, 1000 tree seedlings,
- Ng’ombe Village, 1000 tree seedlings
- Dzidzi Village, 1000 tree seedlings planted
Objectives:

- Plant 10,000 trees each year
- Reduce deforestation activities
- Use of improved stoves/briquettes

We aim to help AVM plant bamboo, fruit trees and ground nuts in 2024. Can you help us?
HEALTH CARE

The ambulance provides free medical care to people in 10 rural areas.

Working with the Ministry of Health to deliver; Malaria and HIV testing, and treatment, vaccinations, antenatal care, under 5’s care, family planning and sexual health.

We also offer dental outreach programmes and respond to emergency appeals.
We have reached 3,570 patients in February.
Background

Malawi has a population of approximately 18 million people, with 86% of this total living in rural areas, which are often poorly equipped with basic health services.

In the absence of sufficient access to health facilities in rural areas, Medical Outreach services often provide basic healthcare services to remote rural populations where services were previously non-existent.
Health Care Updates:

We visited all the 10 Mobile Outreach Clinics in February. A total of 3,570 clients attended our clinics. This represents a decrease of 3.8% from last month. This decrease is due to heavy rains that were experienced during some days of the mobile outreach clinics.

The Ambulance donated by Raks Trust and ongoing funding for fuel and the wage of medical manager Emma ensures that villages that would be cut off from any medical support are reached.

The clinics continue to serve many people in rural areas, with women and children being the majority. Many people walk long distances to access integrated health care. The mobile outreach clinic reduces the walking distances for clients as the
HIV & Counselling

Malaria Testing

Children under 5 immunisations

282 Patients

1391 701 were positive
Rapid Malaria tests

1348 Children immunised including;
BCG, PCV, Polio, Penta, Measles, IPV
2447 Patients were given the choice and option of preventative methods of contraception.

40 Women were seen. They were given iron tablets if needed, HIV tests, help and advice.

2 sessions covering:
- Hygiene and sanitation & prevention of scabies
- Growth monitoring & immunization
- Malaria vaccines
- Self HIV Testing
- Birth preparedness
- Importance of Cervical Cancer testing
- Cholera & vaccination
- Typhoid fever & Cholera awareness
Further Medical News

- 10 mobile outreach clinics provided in rural areas this month
- 28 antinatal clinics
- HIV tests, counselling and family planning provided
- Cervical Cancer Testing
- Malaria Prevention
- Dental Outreach mapping
The Cholera outbreak is still ongoing, affecting thousands across the region. Fuel, food, and transport cost increases have affected people all over the country.

The after effects of Cyclone Freddy are still ongoing and continue to make life difficult for those in rural communities.
Education

- 3 Early Childhood Development Centres
- Overseeing the management of 30 Tilinanu Education scholarships support
- 2 College scholarships and 2 University placements
- 4 Orphan and Vulnerable Support
- 10 Secondary scholarships
Early Childhood Development

Statistics show that a large majority of first-grade students struggle with pronunciation and reading skills. This is often due to limited learning opportunities. In Malawi, over half of women above the age of 15 are illiterate, making it difficult for them to support their children's development. To address these challenges, we provide funding and resources for four nursery teachers, three centers, a full-time education manager, and materials for over 160 children daily. Our goal is to create a positive and educational experience for children, ensuring their developmental needs are met.
**Education Updates:**

There is now a farming feeding programme helping to feed learners and stabilise attendance. ‘One of the monitoring visits was done on 21st February 2024 to both centres Kafutwe and Mteza, by the agricultural team and M&E Officer, in order to check how crops are growing and to check if the community stakeholders are following good farming practices. They have seen wonderful results are growing’

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<tr>
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<td><strong>TOTAL</strong></td>
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LSU funds 4 teachers at: MKUNKHU, MTEZA, and CHIPWAILA.

Did you know that we also funds 32% of the costs for the 13 centres African Vision runs in Malawi?
Adult Literacy

We help provide English (Level 2) and Chichewa (Level 1) lessons, and we have 11 trained teachers.

We will reduce illiteracy levels among adults ranging in age from 16 to 60 years in the community, enabling them to support their children’s learning, run businesses, read warnings on medicines and integrate more fully into society. For example, being able to fill out paperwork and bank forms.
The adult literacy graduation ceremony was held on 19th February, 2024 at Sams Village, and all the invited guests were present including the adult literacy beneficiaries themselves. It was a great event where we were celebrating the results and the success of our adult literacy programme for the year 2023, of which its aim is to help individuals, groups and communities become have knowledge on basic literacy skills.

Through this ceremony, as service providers we celebrated the achievement that has been made so far, by producing graduates/individuals who are now literate and who can contribute and participate in various development activities happening within their homes as well as in their communities hence bringing about change. The following were the participants: The Primary Education Advisor, Mteza Head Teacher, Group Village Head representative, Chief, The coordinators, Adult literacy teachers, 46 beneficiaries who passed exams for both Chalasa and Chigothi centres, M&E Officer, CDO.
£600 (GBP) provided every 3 months to feed babies whose mothers have died or are unable to feed them.

Mphatso run 10+ early childhood centres in the Kande Area. LSU trained their teachers in Early Years Education skills.

£2835 was raised by LSU to build a new ECD centre in Kande Village in 2023.
30 vulnerable girls of Tilinanu are now funded through school. 7 in primary, 15 in secondary, 3 girls at college, one at university and one young lady has now graduated university!

We help to support the children’s; school fees, school books, examination fees, toiletries, accommodation and food. We believe that education is the key to change. LSU provides all the admin and fundraising for Tilinanu Orphanage and hopes to support these girls to reach their full potential.
Tilinanu Sponsorship

We are looking for new sponsors to help support our Tilinanu education programme.

Can you or a group of friends/family join forces to gift a child's education?

To find out how YOU could become a sponsor please email: alice@lovesupportunite.org
Can you or a group of your friends and family join forces to gift a child's education?

<table>
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<th>PRIMARY SCHOOL</th>
<th>SECONDARY SCHOOL</th>
<th>COLLEGE</th>
<th>MONTHLY DONATION</th>
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<td>£42 PER MONTH</td>
<td>£75 PER MONTH</td>
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<td>£500 PER YEAR</td>
<td>£900 PER YEAR</td>
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LOVE SPECS

Buy a pair of Love Specs to help and support. **BUY HERE**

One pair of Love Specs = Feeds a family of 4 for a week and cleans 2.5kg of ocean-bond plastic from African & Asian rivers, beaches & nature.

Love Specs make the perfect gift for friends and family too!

Thank you to all of the amazing, kind souls that helped us spread awareness and share the love!
RAISING FUNDS FOR TILINANU EDUCATION
£10+ raffle ticket entry

8th June

PARTY IN THE PADDOCK
BANDS - BAR - FOOD - KIDS - PONY RIDES
ENTERTAINMENT
12:00 - 20:00

Park View Equestrian Centre,
Leicester, LE7 7JA

PARTY IN THE PADDOCK &
PARK VIEW RIDING STABLES

10K CHARITY RUN OR WALK

8TH JUNE 2024
START AT 10:00 AM - RIDING STABLES - BRADGATE PARK

SIGN UP £25
T-SHIRT | DRINK | ENTERTAINMENT | LUNCH

MORE INFORMATION
WWW.LOVESUPPORTUNITE.ORG
We have a dedicated group of runners training for the Bristol Half Marathon in May 2024.

Big love and well wishes to; Dominique, Amy Joby, Nicola, Anthony, Karina and Scarlett!

If you have a few spare ££’s, please consider donating to their fundraising pages on Just Giving. Costs in Malawi have risen by 42%. We need to fundraise as much as possible this year.
SIGN UP TO SUPPORT

We are always looking for new sponsors to help support our programmes.

Could you spare £5, £10, £20 a month?

Please donate via JustGiving or email hello@lovesupportunite.org for more information.
LOVE AND THANKS TO OUR PARTNERS
The Malawi Projects

Their support enables us to respond to emergency appeals and reach those who desperately need help.

They fund a full time sustainable farming and tree planting manager, helping train families, monitor tree planting and provide permaculture in schools.

They fund a full time staff members including medical, education and farming. Without the team we would not be able to carry out programmes.

They support 4 vulnerable families with maize, soya and oil.

They enable projects to operate by funding the administration, vehicle costs, maintenance and fuel, help with office costs of security, power, printing, driver, phone credit, lunches, help pay the accountant and director to manage programmes effectively.

Without them we wouldn't be able to help as many people as we do.
How we work together

Love Support Unite raises funds for 5 project areas in Malawi. Projects it began before 2020 that are now run through African Vision. It commits to fund these programmes yearly and respond to emergency appeals. Working closely with African Vision to solve problems and evaluate projects and ensure the benefit to communities in Malawi.

It provides monthly reports to donors, runs Love Specs, hosts fundraising events and provides all administration for Tilinanu Orphange.

AVM run all programmes on the ground in Malawi. All staff in Malawi are employed through African Vision, all salaries are paid, pensions, funeral allowances etc. All operations are carried out though African Vision office. These programmes include Adult Literacy, Sustainable Farming, ECD and Medical Outreach.

Love Support unite transfers funds monthly to African Vision.

The Malawi Projects commit yearly to fund projects in Malawi. They visit Malawi once a year to monitor programmes. They fund vital operational costs and salaries. They do this by donating the pledged amount monthly to Love Support Unite, who continuously monitor and evaluate the programmes and send feedback.

TOGETHER WE ARE MORE