



# Love Support Unite Foundation Annual Impact Report 2024- 2025







## Our Vision

The prevention or relief of poverty or financial hardship in Malawi, by providing or assisting in the provision of; education, training and healthcare projects to enable individuals to generate a sustainable income and become self-sufficient.

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# Our Model of Impact



**Love Support Unite uses a 360° community empowerment model, creating long-term change through integrated projects.**

**We work alongside partner NGOs including African Vision Malawi, The Malawi Projects, Mphatso, and Butterfly Space, building capacity and driving grassroots-led development with sustainable outcomes.**

# Overview

## 2024 - 2025

This year marks a period of growth and deeper collaboration, especially with African Vision Malawi, with whom we share data, resources, and strategy. Our commitment remains: a leg-up, not a handout.

Through your support, we have:

**Served 31,683 medical patients across 10 rural outreach clinics.**

**Delivered 14,280+ meals via our Baby Feeding Programme.**

**Planted 2,800 trees to combat deforestation and support permaculture.**

**Supported 173 children in 3 Early Childhood Development Centres.**

**Educated 200 adults, graduating 46 from literacy programmes.**

**Funded 10 secondary, 2 college, and 2 university scholarships.**







# Challenges Malawi Faces

Malawi continues to face a range of interconnected challenges, especially in rural areas. These include climate disasters, widespread poverty, food insecurity, limited education access, and a fragile economy.

## Climate Impact

In 2023, Cyclone Freddy caused major destruction, leading to \$36.4 million in agricultural losses and a 0.5% drop in GDP. Infrastructure damage and crop failure left many families without shelter or food. The World Bank warns that without urgent climate adaptation, Malawi could lose up to 9% of its GDP by 2030 due to worsening weather events like droughts and floods.

## Food Insecurity

Over 2.8 million people are at risk of hunger, with food inflation reaching 39.3% in 2023. Poor harvests and rising costs have deepened the crisis. Over 40% of children are stunted, reflecting chronic malnutrition and its long-term impact on growth and learning.

## Education Barriers

Only 8% of Malawians complete secondary school, with most children leaving by age 11. Poverty forces many into child labour, especially during harvest seasons. Girls face additional barriers, including early marriage, pregnancy, and lack of menstrual hygiene products, all contributing to school dropouts.

## Economic Struggles

Malawi remains heavily dependent on agriculture and aid, with most people living on less than \$1.90/day. Youth unemployment, low wages, and limited access to credit keep families in a cycle of poverty. Inflation and currency instability further weaken economic opportunities.

A large group of diverse children are gathered outdoors, smiling and holding up colorful sticks (yellow, green, blue, pink) in the air. In the background, a blue ambulance with a white cross and the word 'AMBULANCE' is visible. The scene is bright and cheerful, suggesting a community event or a successful program outcome.

# Programme Impact By Sector

**Education**

**Healthcare**

**Nutrition**

**Environment**

**Enterprise**





# Education

With education there can be enterprise, nutrition, and health. 92% of teenagers and adults in Malawi didn't complete secondary education.

The average school leaving age is 11 years old. With less than 1% achieving education after secondary school. 26% of children are engaged in child labour, varying from season to season, dropping out of school. (CIA World Factbook).

We believe education is the key to change and development – no matter your age. Our education programmes are available to all age groups.

**By investing in the education of young children, we're helping to lay a foundation for brighter futures, where children can learn, grow, and thrive.**

# OUR IMPACT ON EDUCATION IN A SNAPSHOT

## 01

### Early Childhood Development (ECD)

- **3 centres** supported with qualified staff and materials.
- **173 children** benefit weekly, building foundations for school success.
- Feeding programmes planned to boost attendance in the hungry season.

## 04

### Adult Literacy

- 2 active centres (Chalasa and Chigothi), 4 teachers.
- 200 adults educated in Chichewa and English.
- 47 graduates this year.
- Literacy programme improved lives for parents, enabling them to support children's education and manage businesses.

## 02

### Primary and Secondary Education

- 10 vulnerable students supported in secondary school.
- Scholarships awarded to exceptional students like Caroline Banda, now at the Malawi University of Business and Applied Sciences.

## 03

### Tertiary Education

- 2 university placements funded.
- Juliet Manda graduated from the Malawi University of Science and Technology, supported for 4 years by LSU.





## Education In Depth

# Early Childhood Development

We support children aged 2–5 years by providing access to quality preschool education. Early learning builds foundational skills and improves concentration—preparing children for a smoother transition into primary school.

Without this foundation, Standard One (the first year of primary school) often becomes a child's first classroom experience, leading to delays that can persist throughout their education.

**2 nursery school buildings funded**

**173 learners supported weekly across these centres**

**4 preschool teachers and 1 full-time education manager employed monthly**

**Qualified trainers funded to deliver preschool teaching workshops**

**All operational costs and materials covered for 3 active ECD centres**

## Teacher Training & Reach

In partnership with Mphatso, Butterfly Space, and Ripple Africa, we:

- Trained 76 ECD teachers in 2019 using Rainbow Play methodology
- Introduced low-resource teaching tools for rural African settings
- Reached over 3,000 learners since 2019

## Education In Depth

# Early Childhood Development

In 2024 we worked with African Vision and The Malawi Projects to help stabilise the attendance of the ECD's through a sustainable feeding programme. This will ensure learners receive a meal every day in the hungry season, stabilise attendance, decrease children working in fields for food.

From May 2025, attendance has grown by 71% due to this initiative.

**608 children in Early Childhood Development settings.**



## Improving ECD Centers

We have been able to help repaint 22 ECD centres with learning material such as ABCs. We also provide notebooks pens, pencils and chalk across the centres.





# Education In Depth

## Primary School

### Three children have recieved primary school scholarships

In partnership with Stepping Stones Malawi, we provide ongoing support for the care and education of five children under their care. Our contribution also helps fund the salary of the head teacher.

**We commit £5,000 annually to sustain this vital work.**

### Meet Promise, aged 8

Promise is one of the five children we support through our partnership with Stepping Stones Malawi. He became part of the Stepping Stones family in February 2021.

Promise comes from a family of eight siblings. Tragically, they were orphaned after their father died in an accident and their mother passed away during childbirth with the youngest sibling.

The siblings were separated following their parents' deaths. Promise now lives with his aunt, along with his sister and baby brother.

**With thanks to our ongoing partnership with**

Stepping Stones



International  
Primary School





# Education In Depth Secondary School

**10 vulnerable students  
are supported through  
secondary school with  
African Vision**

**This year's secondary  
students are:**

Helen Matanda, Chisomo  
Kwezekani,  
Hilda Nkhoma,  
Dambo Wyson Allan, Custen  
Goodwin, Thokozani  
Chilambula,  
Owen Lenard,  
Idah Thomson,  
Peter Shumba  
and Wyson Lyton.

## Scholarships

In 2024-2025, 6 public and  
10 private secondary school  
scholarships have been  
given.





# Education In Depth University



## From Secondary School to University

We have supported Caroline Banda through secondary school for four years. She has just received a scholarship with the **Malawi University of Business and Applied Science**.



## Juliet graduated from University in 2024

Juliet Manda graduated at the **Malawi University of Science and Technology**. We have supported food and accommodation for her 4 year course.

# Education In Depth

## Adult Literacy



### The Need

According to Malawi's National Statistics Office, 14.2% of the adult population aged 16 and above is illiterate- that's over **2.1 million people**.

Many adults never had the chance to complete secondary school, often dropping out to work and support their families. This leaves them without essential literacy and numeracy skills needed to navigate daily life, such as reading medical advice, helping their children with schoolwork, or managing a small business.

### Our Response

In partnership with African Vision Malawi and The Malawi Projects, LSU supports an Adult Literacy Programme designed to offer lifelong learning opportunities in rural Malawi.

We currently run the programme in two centres:

- Chalasa
- Chigothi (newly opened in 2023–24)



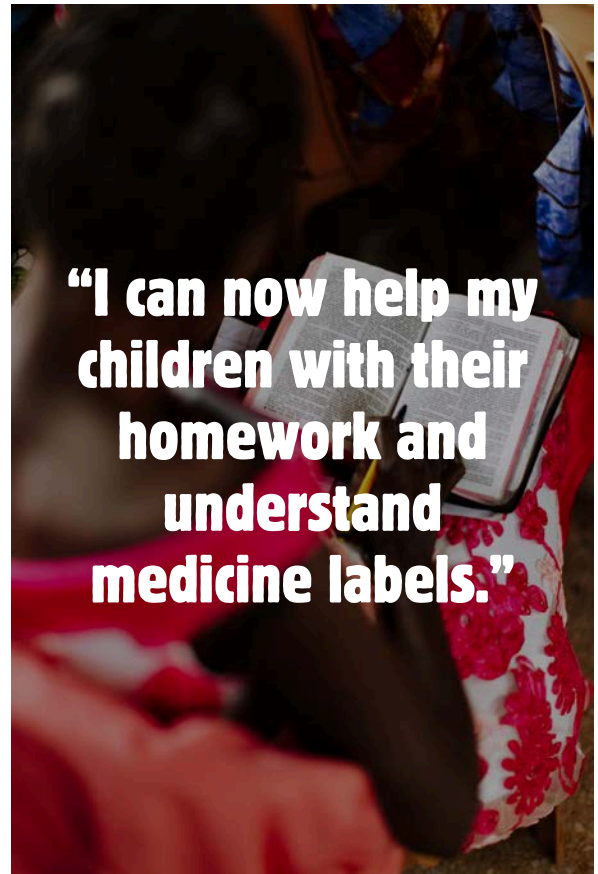
# Education In Depth

## Adult Literacy

### Programme Activities (2024-2025)

This year, we focused on three key areas:

- **Impact Assessment** – Evaluating programme outcomes and community needs
- **Teacher Training** – Building capacity among local literacy facilitators
- **Graduation & New Centre Opening** – Celebrating learner success and expanding access



## Why People Join

From our recent assessment, we found:

- 80% enrolled to learn how to read, write, and gain business skills
- 70% of participants achieved their learning goals

This not only improves individual lives but also boosts the overall well-being of families and communities.

## Long Term Goals

- Reduce adult illiteracy in rural Malawi
- Empower adults to engage in civic life and economic activities
- Strengthen intergenerational learning by enabling parents to support their children's education

## Looking Ahead

By continuing to expand and support these centres, we aim to reach even more adults with tools for independence, confidence, and contribution to their communities.

# Education In Depth Adult Literacy

## What We've Achieved So Far

**60 students sat their exams 53% passed**

**Trained 11 adult literacy teachers**

**Ran 5 centres teaching Chichewa and English**

**Graduation Ceremony held for all students who passed**

**Open two new centres due to demand**

**36 people were able to send their children to school after discovering the importance of education through the programme last year**





## Education In Depth

# Extracurricular Activities: Rugby Development

Promoting extracurricular engagement is key to holistic child development. In Lilongwe, LSU is proud to support one of Malawi's most successful youth sports programmes — the LSU Rugby Project.

In partnership with local leaders Jack Mphande and Dan Hatch, the project aims to promote rugby as a structured and empowering sport among school-aged children and teenagers.

Thanks to full programme funding, the initiative supports:

- 1 Full-time Project Manager
- 10 Rugby Development Officers (RDOs)

These RDOs deliver weekly rugby training sessions across 20 primary schools in Lilongwe, while also supporting both junior and senior club teams in their respective communities. The programme not only develops physical fitness and teamwork but also builds discipline, confidence, and leadership skills in young people.



**This initiative stands as a beacon for how sports can positively influence education, community inclusion, and personal growth.**



# Healthcare in Rural Malawi

With **86% of Malawi's 18 million people living in rural areas**, access to basic health services remains a challenge. Mobile Outreach Clinics are vital in bridging this gap, delivering essential healthcare to remote communities where services were previously unavailable.

Our ambulance provides free medical care to 10 rural areas, in partnership with the Ministry of Health. Together, we deliver:

- Malaria and HIV testing and treatment
- Vaccinations and antenatal care
- Under-5 healthcare
- Family planning and sexual health services

We run dental outreach programs and respond to emergency appeals, ensuring life-saving care reaches those who need it most.



# OUR IMPACT ON HEALTHCARE IN A SNAPSHOT

## 01

### Moblie Clinics

- 62,221 patients treated.
- 48,178 outpatient services provided.
- Services include HIV testing, antenatal care, malaria diagnosis, and family planning.

## 02

### Dental Outreach

- 1,668 children screened.
- 403 extractions, 191 fillings.
- Oral hygiene education delivered in 5 schools.
- Distribution of toothbrushes and hygiene packs.

## 03

### Safe Motherhood Unit

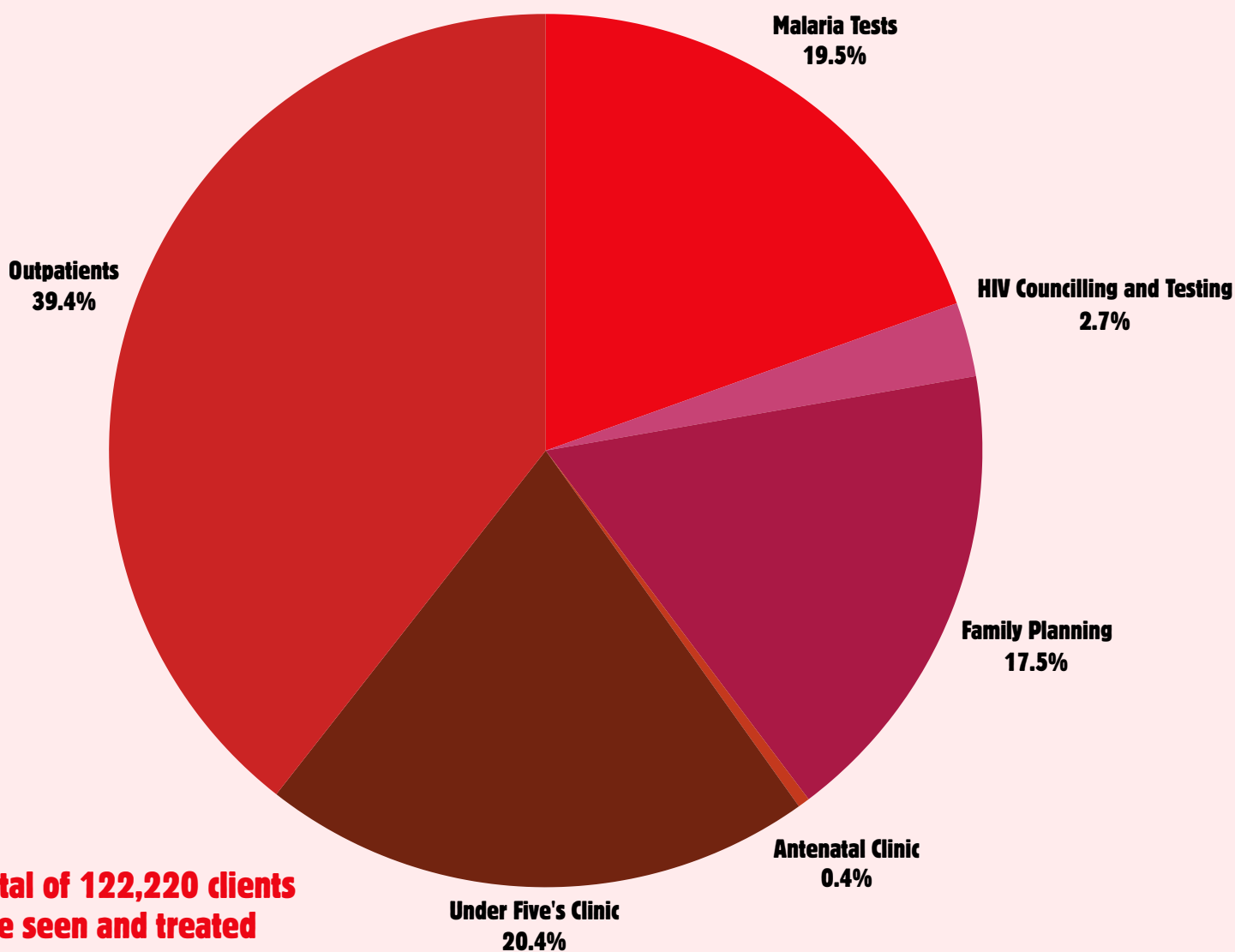
- Renovation of a maternity ward and creation of multipurpose clinics.
- Infrastructure includes new kitchen, demonstration garden, and Guardian Shelter upgrades.



# Medical In Depth

## Mobile Clinics

Access to quality healthcare remains critical, especially in rural communities. Through our Mobile Outreach Clinics, we provided:





# Medical In Depth

## Dental Programme

African Vision Malawi, in collaboration with the Lilongwe District Health Office, provided oral health education and dental care to five underserved primary schools: Mteza, M'bang'ombe, Chitedze, Mkunkhu, and Songwe.



### Key objectives and activities

- ✓ Educated children (ages 6-14) on oral hygiene.
- ✓ Screened **1,668 learners** (40.4% increase from 2023).
- ✓ Provided **191 fillings & 403 extractions**.
- ✓ Distributed toothbrushes.

### Impact and Achievements

**We surpassed our  
screening target of  
1,500**

**Strong community  
and school  
engagement.**

**Positive feedback  
on improved oral  
hygiene awareness**

**The Dental Project significantly improved oral health access for schoolchildren.  
Moving forward, strengthening preventive care and sustainability will be key.  
Thank you to donors, the Lilongwe District Health Office, and participating schools for  
their support.**

## Medical In Depth

# Maternal and Infant Health Support

In rural Malawi, access to quality maternal and infant care can mean the difference between life and death. High rates of maternal mortality, limited healthcare facilities, and widespread poverty put pregnant women and newborns at serious risk. Many mothers give birth without skilled medical support, and babies often face malnutrition or illness in their earliest days. Strengthening maternal and baby care is essential to breaking this cycle—ensuring healthier births, stronger starts to life, and brighter futures for families in these communities.



Over the past four years we have:

- Trained 11 Caregivers at Sparkle Malawi
- Trained 3 Caregivers at Children of Blessings, that in turn deliver the training weekly to over 100 mothers and babies suffering from disabilities.
- Trained 11 caregivers at Mphasto Children's Foundation
- Moving forward – funding of the Safe Motherhood Centre has begun with African Vision



# Medical In Depth

## Maternal and Infant Health Support

### Safe Motherhood Unit

In 2025, alongside African Vision Malawi, the Safe Motherhood Unit (SMU) opened. This is a vital space where women can stay safely before giving birth. This new facility will help reduce maternal and infant mortality, supporting the health and wellbeing of entire families.

By providing a safe environment, along with nutritional and prenatal training, the SMU aims to tackle malnutrition, prevent mother-to-child disease transmission, and reduce premature births and birth-related complications

Phase 1 of the Safe Motherhood Unit has commenced, focusing on improving early identification and ongoing monitoring of pregnancies and child health through the Under-5 clinics.

This phase includes several key developments:

- Renovation of the old maternity unit to create a small inpatient ward for overnight observation and a SEND (Special Educational Needs and Disabilities) assessment and therapy unit.
- Construction of a new extension connecting the existing maternity unit to the renovated space. This will house a multipurpose area for services including Under-5 child health, HIV testing, nutritional training, and antenatal care.
- New walkway and expanded kitchen, enabling live cooking demonstrations to support nutrition education.
- Extension of the Guardian Shelter, adding a dedicated waiting area for expectant mothers, as well as a new kitchen fitted with fuel-saving ovens — freeing up other rooms for much-needed accommodation.
- Permaculture demonstration gardens, both adjacent to the kitchen and at the Guardian Shelter, supporting sustainable food production and practical learning opportunities for mothers.







## Nutrition

Malawi's economy heavily depends on agriculture, yet this very sector struggles to sustain its people. With over half of the 18.5 million population living in poverty, and 80% residing in rural areas, most families rely on small-scale farming for both income and food. Limited access to tools, training, and resources often forces even land-owning farmers to work on others' land just to survive—locked in a cycle of low wages, poor yields, and rising inflation.

With only one harvest per year, food security is a privilege reserved for those who can afford it or who've managed to save enough from the last season.

This is why we're here—to stand alongside these communities, believing in their potential and working toward a future where no one is left behind.



# OUR IMPACT ON NUTRITION IN A SNAPSHOT

## 01

### Sustainable Family Farms

- 6 new families and 1 cooperative supported with seed loans, training, and permaculture techniques.
- Inputs repaid and passed forward to new families.
- Prioritising support for elderly-headed households and orphan carers.

## 02

### Baby Feeding Programme

- 166 infants fed monthly.
- Over 14,000 meals provided this year.

## 03

### Feeding Programme in ECDs

- Sustainable food provision ensures daily meals during the hunger season.
- Helps stabilise attendance and reduce child labour.





## Nutrition in depth

# Sustainable Family Farms

AVM, with the support of LSU, operates this programme in Lilongwe East, where it has four centres; M'seteza, Songwe, M'bang'ombe and Bowa.

This project provides Hybrid farming inputs to beneficiaries who live below the poverty line, with its main focus being on the elderly and orphans.

The farming inputs (seeds and natural soil fertilisers etc) are given to the target group as a loan paid back over two years. The first year they pay half of the loan back and the other year they finish paying the loan. It is a form of 'Paying It Forward' as the returned seeds/loan is then passed on to a new family/beneficiary.

It helps vulnerable families living on less than \$1 per day, who have 6 or more dependants, including orphans or the elderly.

This programme aims to help these families become food secure, provide nutrition for their family, and provide surplus to sell as an income for school fees, mosquito nets, and essentials for a healthy life.



## Impact and Achievements

**6 new families joined  
the programme this  
year**

**238 families now  
supported by this  
programme**

**Helping support one  
new cooperative in  
Malawi**



## Nutrition in depth

# Sustainable Family Farms

**Our objectives and how we're working towards them in 2024;**

## 01

### **Achieving 70% Organic Farming and Food Security by 2027**

The project aims to transition 42 farms to sustainable practices. While achieving 70% organic status is a long-term goal, current progress includes harvesting 25 bags of maize per acre despite severe drought conditions in 2024.

## 02

### **Promoting Local Food Availability and Consumption**

Farmers are encouraged to use drought-resistant crops like Triple 7 maize, which allows for seed reuse in subsequent seasons. Adoption of local food crops helps enhance resilience and reduces dependency on external inputs.

## 03

### **Advocating for Regenerative Agricultural Practices**

Beneficiaries are transitioning to agro-ecological methods such as permaculture and using organic manure, although widespread adoption is hindered by skepticism toward organic practices and reliance on chemical fertilizers.

## 04

### **Improving Child Nutrition at Early Childhood Development (ECD) Centers**

A mix of maize, groundnuts, and soybeans has been used to prepare porridge for children at the M'gwizi ECD Center, benefiting an average of 50 children per month.



## Nutrition in depth

# Sustainable Family Farms

Despite challenges, the SFF Project has achieved meaningful progress in 2024, showcasing the resilience of communities and the potential of sustainable farming. Here's our impact;



## Improving Food Security

Before the project, many families struggled to provide two meals a day. Now, improved yields have allowed some to enjoy three meals daily. Beneficiaries harvested an average of 25 bags of maize per acre, with some achieving as many as 42 bags. This progress offers hope for long-term food security.

A cooperative of seven farmers not only secured maize for themselves but also shared surplus with elderly community members, embodying the spirit of collaboration.

## Shifting To Sustainability

Beneficiaries are adopting practices like planting trees and using manure to improve soil fertility. While not fully organic yet, these steps show the community's growing commitment to regenerative farming. The inclusion of drought-resistant crops like Triple 7 maize has also helped build resilience against unpredictable weather.

## The Next Generation

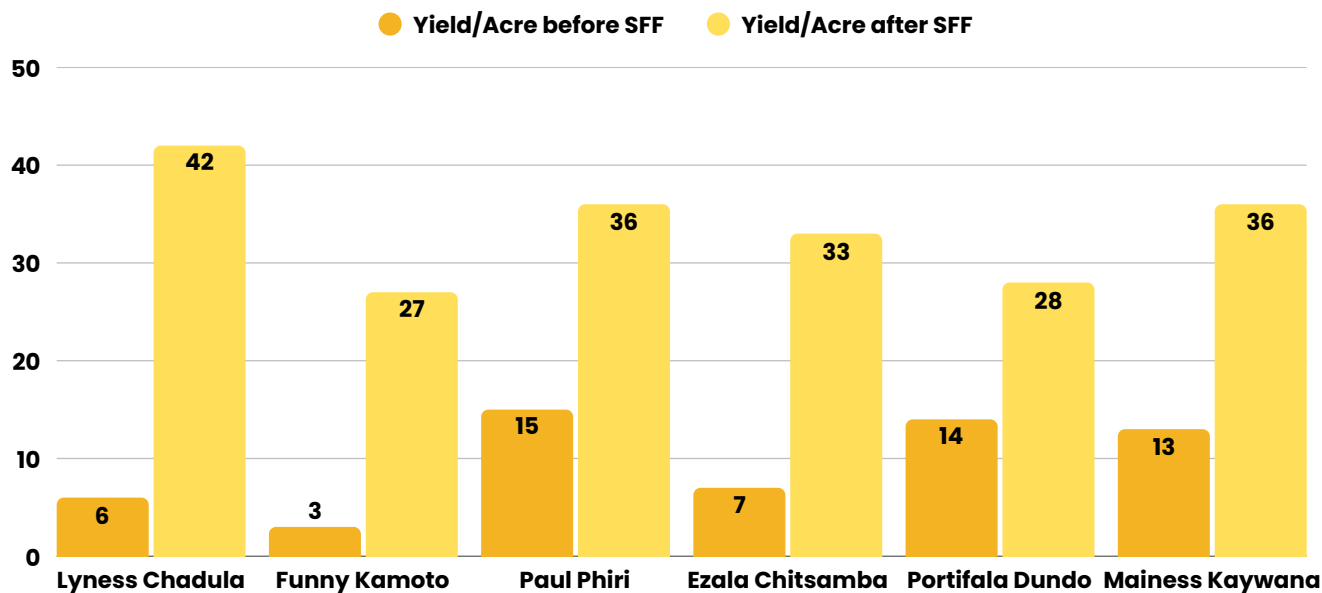
At the M'gwizi ECD Center, nutritious porridge made from maize, groundnuts, and soybeans has improved child nutrition. With an average of 50 children attending monthly, this effort directly supports the health and development of the next generation.



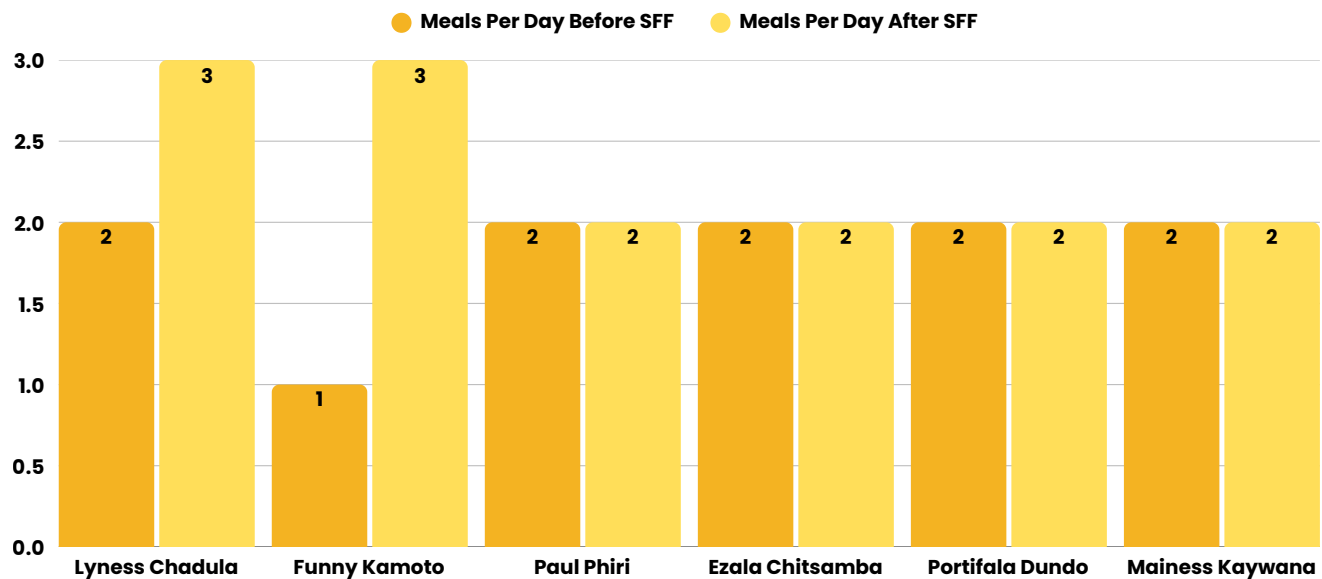
# Nutrition in depth

## Sustainable Family Farms

### Impact Of Maize Yield in Numbers



### Impact of Meals per Day in Numbers



### Conclusion

Based on the analyzed information, we have a bumper harvest this season due to introduction of SFF. However, the daily meal consumption among beneficiaries has not significantly improved. Most families continue to have two meals per day instead of three. This is primarily due to their large family sizes, which means that the available yield would not last long if they were to consume three meals a day which is one of the targets of the SFF project.



# Sustainable Family Farms

## The challenges & Future

September and October Report  
2024



While the SFF Project has made great strides, several challenges continue to test its resilience:

### Climate Change

Severe drought in 2024 resulted in stunted crop growth, with soya beans failing entirely. The lack of rainfall underscored the need for climate-resilient practices and ongoing support.

### Resource Constraints

The project's success is limited by a lack of resources, including an understaffed agricultural team. Expanding the team will be essential for scaling up the initiative.

### Resistance to Change

Shifting from chemical fertilizers to organic manure remains a cultural and practical challenge. Farmers need time and support to trust these new methods and witness their long-term benefits.

### Looking Ahead: Cultivating Resilience

The road to fully sustainable farming is not without hurdles, but the successes of 2024 lay a strong foundation for the future. By continuing to support local farmers and advocate for eco-friendly practices, the SFF Project aims to achieve its vision of thriving farms and well-nourished families by 2027.

**Every seed planted today is a step closer to a future where communities in Malawi can prosper, even in the face of adversity.**



## Nutrition in depth Baby Feeding Programme

In October 2019, Love Support Unite began working with Mphatso nurseries and training their nursery teachers. Seeing first hand the life-saving work that they do, we wanted to help support them in their mission.

**"Feeding the Children, Growing the Community, Impacting the Future".**

This has been the key message of Mphatso Children's Foundation for many years because they believe that it is the way to bring about slow, positive change to the communities.

Mphatso feed over 800 children each school day throughout their 13 nursery school programmes.

### Our Support at Mphasto Baby Nursery



**At Mphatso Baby Nursery, we help provide life-saving baby formula to babies who's mothers have passed away in childbirth or who are unable to feed their babies**

The rising cost of formula, and the devaluation of currency means formula is 3 times the price it was, and one tin is more than a months salary for many.

Since 2019, we've been providing funding so that babies can access the nutrition they need. In 2024 and 2025, we continued to provide funding for this programme.



## Nutrition in depth Baby Feeding Programme

The Baby Feeding Programme is for those that are seeking help because the mothers have either died, or are too unwell to feed their babies.

Hospitals and doctors are referring carers to Mphatso for life-saving baby formula as they cannot afford to give it themselves. Many babies' lives have been saved because of this programme.

They support these babies by routinely weighing and supplying baby formula, and then as they progress - maize porridge.

We provide funding for their feeding programme.

**Supporting 50-70  
babies with live  
saving formula  
every month**

**Provided  
14,280 meals  
for babies**

## Maize Mill for Mphatso

Thanks to the funds raised during the Snowdon Walk by **The Malawi Projects** team, a maize mill has been successfully funded.

It will generate income to sustainably support Mphatso nursery while also providing a crucial food source, creating jobs, and boosting economic growth.

**For many families, this is a lifeline that will improve both nutrition and financial stability.**





## Nutrition in depth

# Feeding Programme in Early Childhood Development Centres

Malnutrition is one of the biggest barriers to education in Malawi. Children who are hungry can't focus or attend regularly.

In September and October, 4 early childhood development centres were given the tools to set up farms in their centres.

**Our partners Africa Vision distributed the items, and Malawi Projects funded the entire operation.**

These farms help ensure that children receive at least one meal a day, which improves school attendance and reduces the need for children to work in fields for food.



**These meals - made from maize grown by the community itself - are keeping children healthy, boosting attendance, and showing what sustainability in action looks like.**

# Nutrition in depth Feeding Programme in Early Childhood Development Centres

## In March 2025...

We monitored feeding programmes at Kafutwe and Mteza ECD centres in March. At Kafutwe, 87 children were served porridge three times a week, made from maize grown by the community – a powerful example of sustainability in action. Caregivers reported happier, healthier children and improved attendance.

At Mteza, 52 children were present, but caregiver volunteers have struggled with limited community support. After meeting with chiefs and the ECD committee, changes are now in motion to strengthen local involvement and ensure the programme continues to thrive.





## **Nutrition in depth**

# **Vulnerable Family Support of Zero Interest Seed Loans**

In September 2024 Orbert lost his job, he supports 4 children and his wife. With no work in the Kande area he needed to farm more. Experienced in subsistence farming he applied for a loan to rice farm.

This start up funding of 200GBP would enable him to farm his land and support his family.

This funding will provide fertiliser, seeds and additional labour for rice farming of 6 plots in the Kande area.

Funding for this was donated by a well wisher who had personally met Orbert and his family and wished to support the programme.





## Enviroment

At Love Support Unite, environmental protection isn't a side project — it's at the heart of creating lasting change. In Malawi, where **over 80% of people rely on farming for their livelihoods, the environment directly impacts daily life.**

Deforestation, soil erosion, and unpredictable weather patterns caused by climate change are already making it harder for families to grow food, access clean water, and earn a living. That's why our work goes beyond planting trees — it's about restoring ecosystems, improving food security, and building resilience to climate shocks.

Through reforestation, permaculture training, and climate-smart farming, LSU supports communities to not only adapt but to thrive. Every tree planted, every garden grown, is a step toward a greener, healthier, and more sustainable future — for Malawi and for the planet.



# OUR IMPACT ON NUTRITION IN A SNAPSHOT

## 01

### Reforestation

- Planted 16,000 trees in rural areas of Malawi
- Provided 5,600 trees to family households to support their crops

## 02

### Tree Nursery & Training

- Training for staff at four centres
- 5,000 seedlings donated to tree nurseries



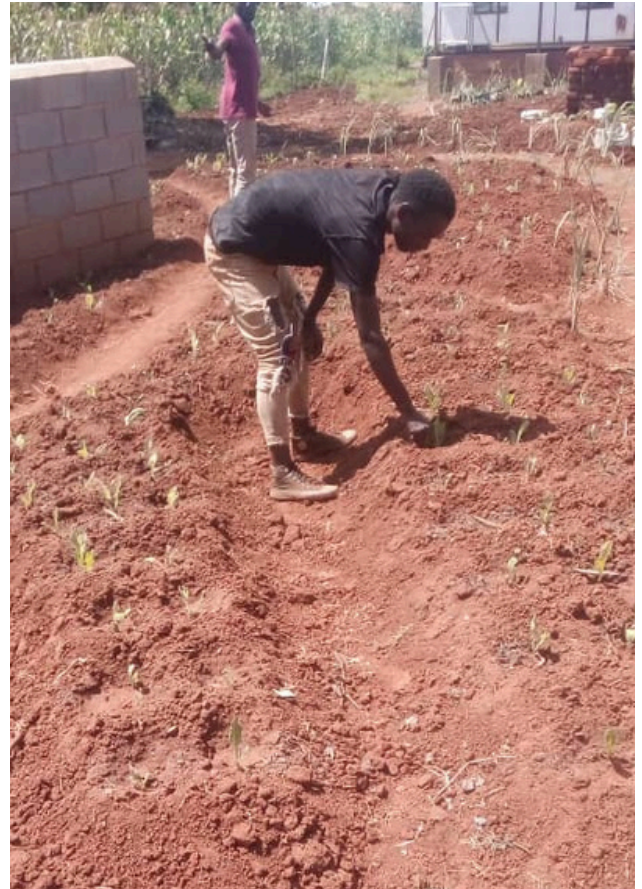
# Environment In Depth

## Reforestation

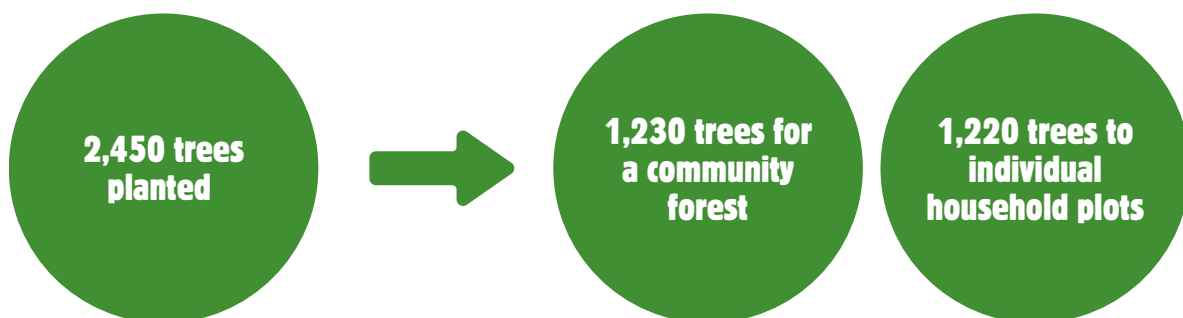
Reforestation continues to be a promising and achievable initiative — but it's clear that refining our approach will help us reach our environmental goals more efficiently and within a defined timeframe.

### Community Achievements So Far

We've made significant strides through our partnerships with Fulatila and Futi villages. All trees are reported to be thriving — a testament to strong community engagement and care.



#### Fulatila Village



#### Futi Village





## Environment In Depth

# Tree Nursery and Training

£1000 was provided to train farmers and plant seedlings which enabled the planting of 5000 trees! This money also paid for the training of the staff at four different Tree Nurseries that we support in 4 different centres. This training was carried out by Kondwani and Green from the Africa Vision Malawi (AVM) team.

The planting of these 5000 trees took place over three days; Monday 10th, Tuesday 11th and Wednesday 12th January 2022. They will be shared between; 7 schools, 2 clinics and 2 rural communities. The community trees will go directly into the villages and be monitored by the community, local-based Coordinators and the AVM team.

The schools receiving seedlings are: Chibwata Primary - 500 seedlings, Mundundu - 250 seedlings, Chimbal - 500 seedlings, M'khalapadzuwa - 500 seedlings, Songwe - 250 seedlings, Bowa - 250 seedlings, Chitukula and CDSS - 700 seedlings.

The M'bang'ombe Clinic and Ngoni received 250 seedlings each, and communities Songwe - M'lumbwira Centre and Chalasa - Chalasa Centre 700 each.

The benefits of these trees for each of the centres, communities and schools are to provide better food, shade and to improve soil quality in rural areas.







# Enterprise

Enterprise development is a cornerstone of Love Support Unite's efforts to empower communities in Malawi, focusing on sustainable solutions to poverty and unemployment. We promote initiatives that enable individuals to generate income, build resilience, and foster economic independence.

These programmes, run in partnership with African Vision Malawi, focus on creating opportunities through vocational training, microfinance, and community-led businesses. The approach centers on providing the tools and education needed for individuals and communities to thrive in the long term.

Globally, enterprise development has proven to be a powerful mechanism for poverty alleviation. Studies show that employment and small-business growth are key drivers of reducing poverty and enhancing welfare.



# HOW WE'RE SUPPORTING ENTERPRISE IN MALAWI

## 01

### **Vocational Skills and Training**

Love Support Unite offers training in various trades such as tailoring, carpentry, and IT. These skills help individuals start their businesses or find employment, creating a ripple effect in their communities.

## 04

### **Microfinance and Savings**

Through village savings and loans associations, the programme enables participants to access small loans for starting or expanding businesses. This grassroots financial support model empowers people to overcome traditional barriers to credit.

## 02

### **Sustainable Agriculture and Food Security**

Some enterprises focus on agriculture, promoting eco-friendly farming practices and local food production. These initiatives not only enhance nutrition but also create income streams for farming households.

## 03

### **Community-Led Enterprises**

Encouraging collective business models, such as cooperatives, fosters community collaboration and shared economic benefits.



**Enterprise in depth**

# **Vulnerable Family Start Up Loans**

In January 2024 Maggie sadly buried her sister, on the same day she received news her eldest son had died in a house fire in South Africa.

Maggie supports 9 children, 5 orphans of her sister who passed away and 4 of her own children.

Maggie only had 4 children in the hope to be able to afford an education for them.

Love support Unite have worked with Maggie since 2022 to support her son Vincent through school.

During plea to well wishers who have met Maggie and been able to support her as a vulnerable family so they do not suffer famine.

Maggie has been supported through 25GBP per month per month. This will be given per month through Mphasto childrens foundation, based in Maggies village, in September Maggie will be given a seed start up package, these will be planted with the rains and harvested in June. The monthly funding will stop at this date.





## Enterprise in depth

# Supporting the Future of Tilinanu Girls

LSU continues to fund the education of 27 vulnerable girls from Tilinanu Orphanage. These girls represent a range of academic stages:

**4 in  
primary  
school**

**13 in  
secondary  
school**

**2 in  
college**

**4 at  
university**

**1  
graduate**

We're proud to share that one young woman has successfully completed university and is now in full-time employment. This milestone is a testament to the long-term impact of sustained educational support.

Our funding covers essential needs such as school fees, books, exam costs, toiletries, accommodation, and food—ensuring the girls can focus on their education without facing daily insecurities.

At LSU, we believe education is the key to lasting change. Through our partnership with Tilinanu, we are committed to helping each girl reach her full potential, equipping them with the tools they need to shape their own futures.



## Enterprise in depth

# The Tilinanu Cooperative: By Girls, For Girls

Gift, now working full-time after graduating, and Fanny, who is currently in her second year of university.

This co-operative was formed to restore a sense of community, agency, and support among the girls, many of whom were dispersed after Tilinanu Orphanage closed. It offers a space where the girls can uplift each other—not just through education, but also through emotional support, counselling, business loans, and sibling aid.





## Enterprise in depth

# Tilinanu: A Shift Towards Reintegration

On December 31st, 2020, all Tilinanu girls were formally reintegrated into their local communities. This move followed guidance from the Malawian Government and the Department of Social Welfare, which advocated for children under 18 to be placed within family-based care rather than in institutions.

While reintegration is a positive step, it came with challenges. Many of the girls returned to homes in poor condition or to areas with limited school access

To ensure continued educational access, Social Welfare recommended local-level boarding school placements, supported by experienced partners.

That's where our collaboration with African Vision Malawi has been vital. With 14 years of experience in educational scholarships, they've enabled us to keep the girls in school—often within their home districts—to maintain cultural and community ties.

## Looking Ahead

Our mission is not just to provide schooling, but to walk alongside these girls as they grow into confident, capable young women. Whether through education, mentorship, or the co-operative, we aim to create a support system that fosters resilience, independence, and hope.

**Together, we're not just funding futures - we're building them.**



# Looking Ahead

## Our Goals for 2025-2026

**Expand ECD sustainable feeding to all 3 centres.**

**Open additional adult literacy centres.**

**Launch new sustainable family farms in 2 districts.**

**Deepen collaboration with government health offices for outreach care.**

**Scale rugby programme to more rural schools.**

**Secure multi-year funding for university scholarships.**





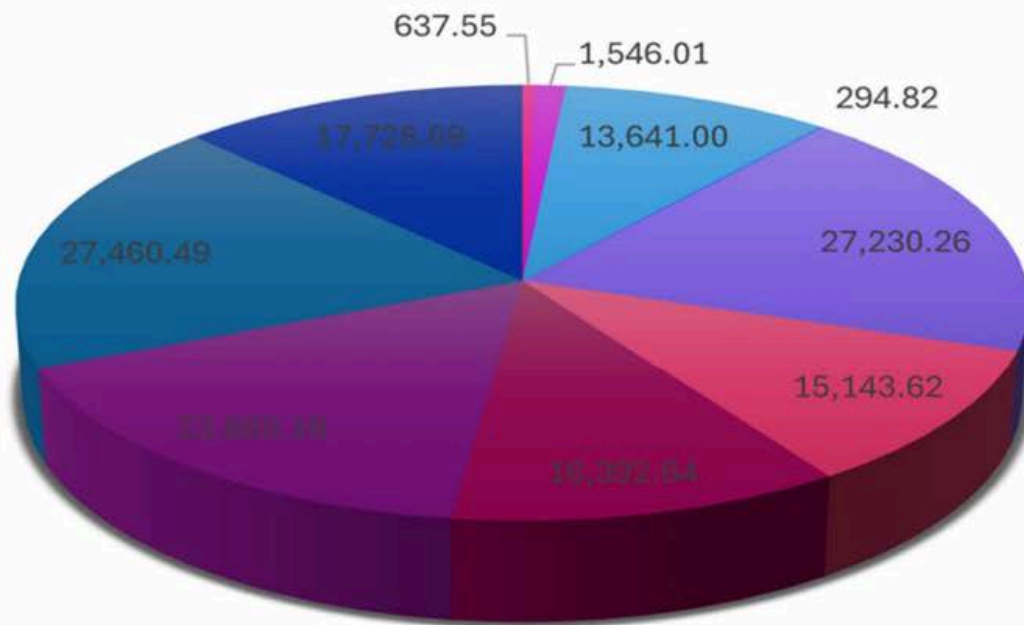
## Financial Overview

Our financial commitment reflects our deep dedication to transforming lives across Malawi. From education to healthcare, every donation is carefully allocated to maximise impact and sustainability.

# Financial Overview

## Programme Spending

### Total Expenditure:



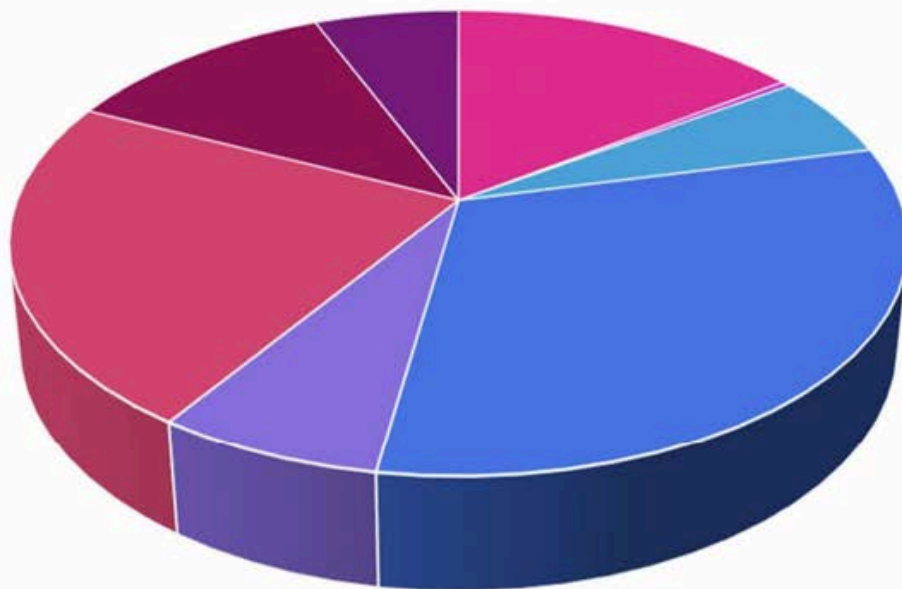
- Dental Outreach
- Kande
- Mphatso Baby Feeding Programme
- Rugby
- Tilinanu
- Education Placements (INC. Adult Lit)
- General Donations
- Health
- Malawi Staff / Office
- Sustainable Family Farms (INC. Agriculture projects)



# Financial Overview

## Programme Spending

**Total Income:**



- Donation from Love Specs
- Fundraiser LSU
- Fundraiser Monster Ball
- Monthly Donations
- North Wales Walk Donations
- One-off Donations
- Tilinanu Donations
- Just Giving - Gift Aid

# Financial Overview

## Fundraising: Snowdon



In September 2024 we had huge success with our fundraiser of the year, 'HIKING SNOWDON 6 ' Summited Snowdon 3 times in one day, hiking 6 separate routes. Its aim was to raise funds for our charity Love Support Unite Africa Foundation and for Tilinanu Education Scholarships based in Malawi.

Our walk/scramble and hike took place over one day, This is nothing in comparison to the lengths Malawians consistently walk, but was a huge challenge for us nonetheless!

We had over 20 participants sign up and raised a whopping £22,000



# Financial Overview

## Fundraising: Junk Yard Golf

Junkyard Golf Club (JYGC), our incredible fundraising partners do annual fundraising for LOVE SUPPORT UNITE by selling Love Specs across the country at their venues.

Junkyard aim to host a fundraising event each year for us to help with a specific project.

We work together with Love Specs at Festivals, Junkyard help to pay festival costs, fuel, decor and staffing. They even loan us a van for the season!

We are grateful for these fundraising partners as they transition with us on our journey and goals.



# Financial Overview

## Fundraising: Love Specs

Love Specs is owned by Love Support Unite.

It is the fundraising arm of the charity, selling heart diffraction sunglasses and 'sharing the love'.

We began getting involved with events and the festival season in early 2023, helping raise funds and spread awareness for the charity.

£24,582.39 was raised  
between March 2023-24

By purchasing a pair of Love Specs,  
you are supporting LSU and our  
ongoing projects.





# CAN YOU HELP US REACH OUR FUNDRAISING GOALS?



INCREASE MONTHLY DIRECT DEBITS – TO ENSURE SUSTAINABILITY



EMERGENCY SUPPORT – £5,000



MEDICAL OUTREACH PROJECTS – £18,000



EARLY CHILDHOOD DEVELOPMENT AND ADULT LITERACY – £15,000



MPHASTO BABY FEEDING PROGRAMME – £6,000



10 SPONSORS FOR TILINANU SECONDARY STUDENTS – £10,000



10 PRIMARY SCHOOL SPONSORS – £5,000



10 VOCATIONAL PLACES AT THE AFRICA VISION VOCATIONAL VILLAGE – £10,000



MALAWI STAFF OPERATIONAL COSTS – £14,000





# Our Partners

Three organisations work together to transform lives in Malawi: Love Support Unite (LSU), African Vision Malawi (AVM), and Malawi Projects.



**THE**  
**MALAWI**  
**PROJECTS**



# **Our Partners**

## **The Malawi Projects**

Their support enables us to respond to emergency appeals and reach those who desperately need help.

They fund a full time sustainable farming and tree planting manager, helping train families, monitor tree planting and provide permaculture in schools.

They support four vulnerable families with Maize, Soya and Oil.

They enable LSU to operate by funding the administration, vehicle costs, maintenance and fuel, help with office costs of security, power, printing, drivers, phone credit, lunches, help pay the accountant and director to manage programmes effectively.

**Without them we  
wouldn't be able to  
help as many people  
as we do.**

**THE  
MALAWI  
PROJECTS**

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# Our Partners

## African Vision Malawi

Love Support Unite believes in charities working together, opening their doors, sharing resources, and ultimately ensuring funding goes to those who need it most. We have been working with African Vision Malawi for several years now, as we have the same ethos and synergies to create lasting change.

In 2018 AVM offered us office space for free in their rammed earth building in Lilongwe. Since then we have collaborated on school buildings and projects, primarily at Mkunkhu school and Songwe school.

Since 2020, our core programmes; Adult Literacy, Sustainable Farming, ECD and Medical Outreach have been implemented through African Vision Malawi. This saves valuable funds helping more people, it ensures programmes are stronger and more lives change for the better.

Any help, support or funding you are able to give this year means the impact will be even greater.

We are truly grateful for the partnership.

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# Acknowledgements

**We are deeply grateful for our supporters across the UK and globally. African Vision Malawi, Mphatso, Butterfly Space, and local volunteers. The families, learners, and patients who inspire our work daily.**

**Special thanks to the family and friends of Flight Lieutenant Rakesh Chauhan, whose legacy lives on through our ambulance service — providing critical care to thousands in hard-to-reach communities.**



**From the bottom of our hearts; Thank You**

## Contact

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