

LOVE SUPPORT UNITE

OCTOBER REPORT 2026

October brought a national fuel shortage and a heat wave, but care kept moving: over 1,800 people reached by mobile clinics, food packs delivered to every family in our care, and one little girl getting ready to start school.

Mobile Outreach Clinics

- Despite a national fuel shortage, 8 of our 10 mobile outreach sites ran with Lilongwe District Health Office, reaching 1,856 clients. That brings the total since April to 13,877

- 1,053 children under five were seen, including 1,023 growth monitoring checks. Immunisations included PCV (164), penta (164), polio (163), measles (136), IPV (121) and BCG (30)

- 133 malaria vaccinations and 70 typhoid vaccinations were given, bringing the totals since they were introduced in September to 332 and 146

- Family planning: 329 women received Depo Provera/Sayana injections, 14 had implants inserted (8 Implanon, 6 Jadelle), 2 received pills and 1,648 condoms were distributed, up from 1,056 in September

Mobile Outreach Clinics

- 179 malaria rapid tests were done, with 7 positive results
- 92 people received HIV counselling and testing, almost double September's 50, with no reactive results, and 259 self-test kits were distributed
- 24 children were identified as underweight, with one referred on for nutritional support
- Health education covered hygiene, birth preparedness, family planning, danger signs in pregnancy and antenatal care. With temperatures rising, teams also shared advice on staying safe in the heat wave
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Safe Motherhood: Antenatal Care

- 52 antenatal visits took place, up from 39 in September, with 15 women attending for the first time

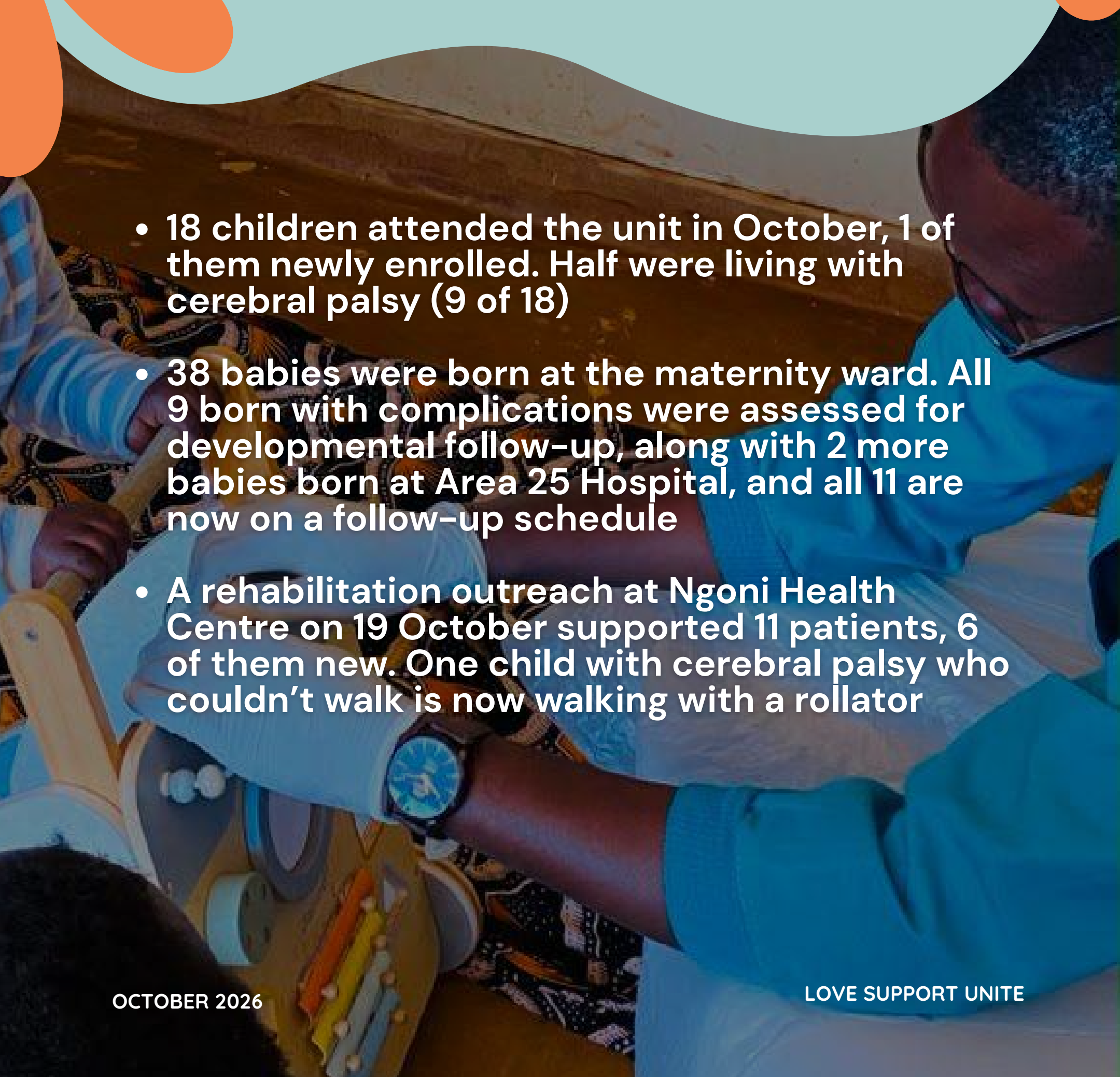
- Expectant mothers received iron tablets (40), malaria preventive treatment, tetanus vaccinations (12) and deworming tablets (6)

- 33 mothers were tested for HIV at their antenatal visit, with no reactive results

Disability Outreach

- USM's disability outreach clinic at Ngoni Health Centre saw 12 clients, 8 returning and 4 new
- Three people were referred on for specialist care: two to Bwaila Hospital's MAP clinic for orthopaedic assessment and one to Kamuzu Central Hospital

SEND Rehabilitation Unit: M'bang'ombe Health Centre



- 18 children attended the unit in October, 1 of them newly enrolled. Half were living with cerebral palsy (9 of 18)
- 38 babies were born at the maternity ward. All 9 born with complications were assessed for developmental follow-up, along with 2 more babies born at Area 25 Hospital, and all 11 are now on a follow-up schedule
- A rehabilitation outreach at Ngoni Health Centre on 19 October supported 11 patients, 6 of them new. One child with cerebral palsy who couldn’t walk is now walking with a rollator

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In September, Natasha received a wheelchair. In October, the SEND team visited her home and the local primary school to make sure she could get there and get around.

The headmaster agreed to enrol her this term, with a shorter school day to suit her needs, and she starts school in November.

The school has 31 learners with disabilities but no special needs teacher, which is why training local teachers is one of the team's next goals.

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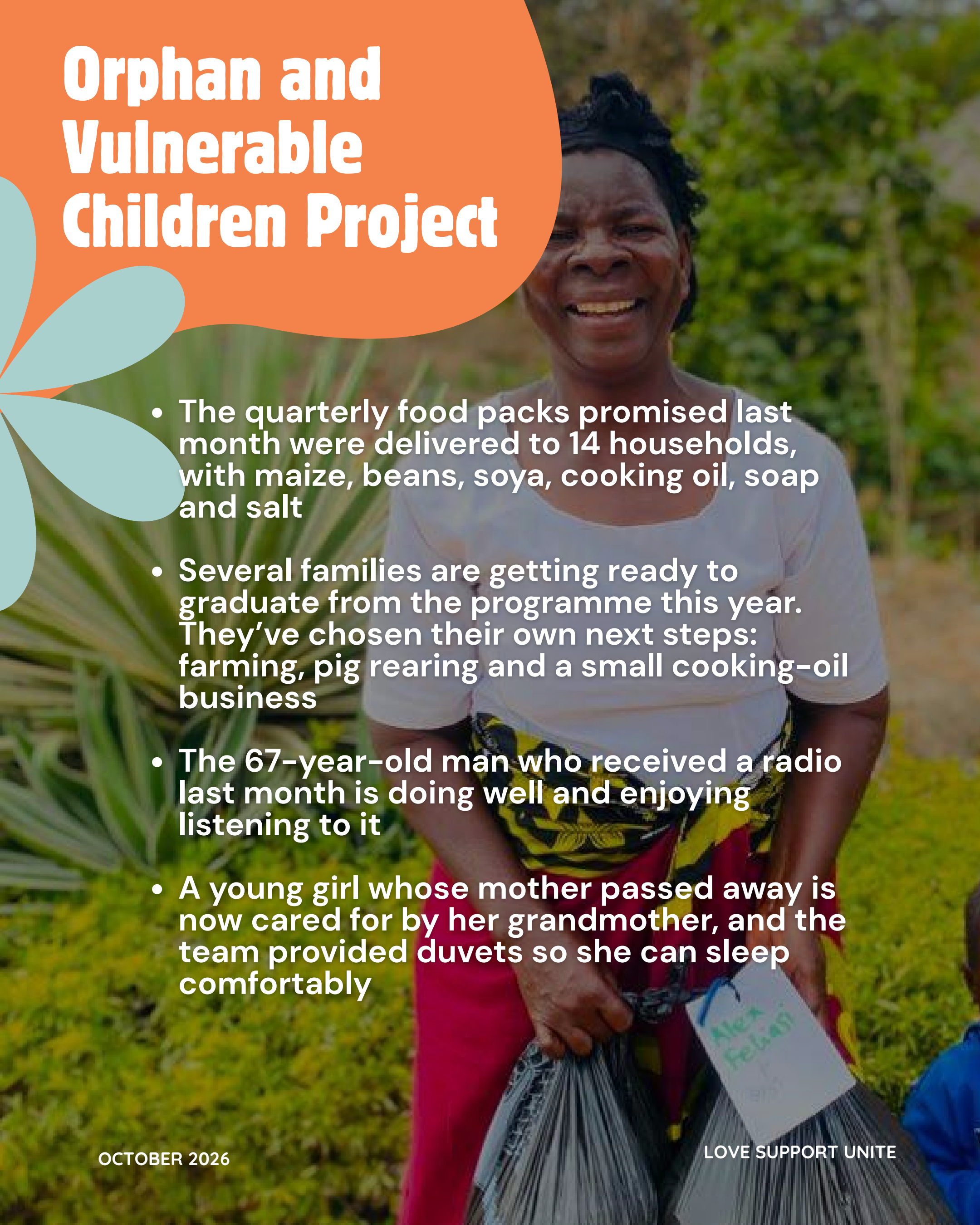
- Every baby born with complications assessed and on follow-up
- Two children now walking with a rollator and standing independently
- A school place secured for Natasha
- Surgical instruments and equipment donated to Area 25 Health Centre

Key achievements

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Orphan and Vulnerable Children Project



- The quarterly food packs promised last month were delivered to 14 households, with maize, beans, soya, cooking oil, soap and salt

- Several families are getting ready to graduate from the programme this year. They've chosen their own next steps: farming, pig rearing and a small cooking-oil business

- The 67-year-old man who received a radio last month is doing well and enjoying listening to it

- A young girl whose mother passed away is now cared for by her grandmother, and the team provided duvets so she can sleep comfortably

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Thank you to everyone who kept October going, from the teams on the ground in Malawi who worked around fuel shortages to our supporters back home.

Thanks to you, families kept getting care, and one little girl is about to start school!

THANK YOU!

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THE MALAWI PROJECTS